

SPRINGBOARD EDUCATION

ĐỀ THI LUYỆN TẬP

KỲ THI TUYỂN SINH VÀO 10

TRƯỜNG THPT CHUYÊN NGOẠI NGỮ

NĂM HỌC 2025 – 2026

Môn thi: **ANH CHUYÊN**

Thời gian: **90 phút** (không kể thời gian giao đề)

Ngày thi: **30/02/2025**

Đề thi gồm có **12** trang

- Thí sinh **KHÔNG** được sử dụng tài liệu, kể cả từ điển.
- Giám thị **KHÔNG** giải thích gì thêm.

PHẦN TRẮC NGHIỆM (60 CÂU)

1. TỪ HOẶC CỤM TỪ ĐỒNG NGHĨA

Chọn 01 phương án có nghĩa gần nhất với từ/cụm từ được gạch chân trong câu hỏi.

1. With rumors of a merger circulating, employees were advised to keep a low profile until further notice.

- A. avoid attention B. escape scrutiny C. speak publicly D. stop working

2. Although the plan seemed promising at first, it eventually fell through due to unforeseen complications.

- A. failed completely B. did not happen C. was delayed D. attracted criticism

3. The manager finally lost her temper after repeated warnings went unheeded.

- A. neglected B. overboard C. disregarded D. unnoticed

4. The hitherto conservative couple certainly lived it up when they moved to a larger apartment and threw all sorts of parties.

a. moved upstairs b. used up all their money

c. lived expensively d. lived happily

- A. lived expensively B. lived happily C. moved upstairs D. consumed stimulants

2. TỪ HOẶC CỤM TỪ TRÁI NGHĨA

Chọn 01 phương án có nghĩa ngược với từ/cụm từ được gạch chân trong câu hỏi.

5. The new regulations are meant to clamp down on illegal data collection.

- A. rise B. increase C. encourage D. approve of

6. I'm afraid you've caught me on the hop. I wasn't expecting you until this afternoon.
A. prepared B. noticed C. hot under the collar D. on the hook
7. He may be shy now, but he'll soon come out of his shell when he meets the right girl.
A. able to make friends B. become famous C. be more embarrassed D. be shyer
8. Despite all of our differences, I finally agreed to meet him halfway.
A. compromise B. disagree with him C. meet him randomly D. fob him off

3. HOÀN THÀNH CÂU

Chọn 01 phương án đúng nhất để điền vào chỗ trống trong mỗi câu hỏi.

9. It's true, I tell you! I got it from the _____ My sister works at the Town Hall. She's the one who made the decision!
A. nag's head B. cat's whiskers C. horse's mouth D. lion's den
10. Why don't we have potatoes in their _____ tonight for a change?
A. sleeves B. shells C. jackets D. coats
11. The day after the office party, Jack had a terrible _____ and couldn't bear the slightest noise.
A. hangover B. conscience C. feeling D. anxiety
12. Jane and I hadn't really planned to get married; we just did it _____ one day.
A. on the spur of the moment
B. on the rocks
C. on the carpet
D. on the cards
13. Traffic was _____ this morning because of an accident on the A21.
A. at a pinch B. at loggerheads C. at sixes and sevens D. at a standstill
14. Like you, I'm _____ to explain the sudden fall in share prices. I've absolutely no idea what can have caused it.
A. at a loss B. at a loose end C. at the crack of dawn D. at random
15. The scientist's theory was so _____ that it was almost impossible to test experimentally.
A. empirical B. banal C. esoteric D. extemporaneous
16. Their approach was _____, relying on improvisation rather than careful planning.
A. sagacious B. ad hoc C. meticulous D. systematic
17. Her critique was refreshingly _____, sparing no detail and pulling no punches.
A. trenchant B. circuitous C. placid D. vacuous

18. After a few hours of _____ discussion, they finally reached a vague consensus.

- A. desultory B. trenchant C. virulent D. obdurate

4. ĐIỀN TỪ TRONG BÀI ĐỌC

Chọn 01 phương án đúng nhất để điền vào mỗi chỗ trống trong bài đọc.

Due to a northwestern-southeastern (19) _____ low-pressure trough extending across central Vietnam and the mid-East Sea, (20) _____ moderate southwest monsoon activity in the southern regions, widespread rain is expected throughout the country. Specifically, from last night into this morning (June 25), (21) _____ and scattered thunderstorms occurred in the mountainous northern regions and the Central Highlands, with some areas experiencing heavy rain. Today and tonight, scattered showers and thunderstorms are (22) _____ in the northwest and Red River Delta, with localized heavy rain reaching 15–30mm and isolated areas (23) _____ 80mm. This evening and tonight, the Viet Bac region will experience moderate to heavy rainfall and scattered thunderstorms, with amounts (24) _____ from 15–40mm, and localized rainfall possibly exceeding 150mm. The Central Highlands and southern regions will also see moderate to heavy showers and thunderstorms, with rainfall (25) _____ 15–40mm and some areas receiving over 100mm. The meteorological agency warns that thunderstorms may bring tornadoes, lightning, hail, and strong gusts. Heavy localized rainfall may cause (26) _____ floods in small rivers and streams, landslides on steep slopes, and flooding in low-lying areas.

- | | | | | |
|-----|------------------|------------------|-----------------|-----------------|
| 19. | A. orienting | B. oriented | C. was oriented | D. orients |
| 20. | A. combined with | B. despite | C. meanwhile | D. also as |
| 21. | A. showers | B. dewpoint | C. spindrift | D. fallout |
| 22. | A. forecasted | B. forecasts | C. forecasting | D. forecast |
| 23. | A. exceeds | B. that exceeded | C. exceeding | D. exceeded |
| 24. | A. ranges | B. ranging | C. that ranged | D. which ranges |
| 25. | A. among | B. from | C. between | D. along |
| 26. | A. flash | B. torrential | C. numerous | D. heavy |

5. ĐỌC HIỂU

Đọc bài đọc và trả lời 8 câu hỏi kèm theo:

We already know that mutations in cancer genes like BRCA1 and BRCA2 increase cancer risk. But now David Thomas at the Garvan Institute of Medical Research in Sydney and his colleagues have shown for the first time that: **Mutations in genes associated with a lower cancer risk can little by little add up to an even deadlier effect.** [A] The team compared the genetic profiles of healthy individuals with those of 1162 people with sarcomas – cancers that develop in bones and soft tissue and disproportionately affect young people. In particular, they focused on 72 genes – some strongly linked to sarcoma, like the TP53 gene, and others that are only weakly linked. As they expected, a mutation in the TP53 gene increased a person’s sarcoma risk – half developed cancer by the age of 32. But people with mutations in two genes only weakly associated with sarcoma developed tumours at a younger age – half had cancer by the age of 25. This effect was even stronger in those who had three or more mutations in such genes. [B]

“Cancer is a disease where you accumulate stepwise genetic variants,” says Thomas. “This means that the more genetic variation you carry, the earlier in life you’re likely to develop it.” [C] Looking across multiple genes should allow cancers to be detected sooner, before they become fatal, says Thomas. It may one day become routine to screen people for high-risk combinations of mutations in genes previously considered to have little relevance to cancer risk. Thomas’s team is now offering whole body MRI scans to people with mutations like these in their DNA, to see if there is any early evidence of sarcoma. “We’re picking up cancers that are asymptomatic in people who carry these types of genetic variants, and because they’re in the early stages, we can actually cure them.” [D] Using this method to diagnose cancer early could also help to spot the disease in relatives of patients, says Vivek Bhadri at the University of Sydney. “Once a diagnosis has been made, screening has the potential to identify other as yet unaffected relatives who could then be offered prospective surveillance imaging, such as whole body MRI, with the aim of identifying tumours at an early stage,” he says

27. What best paraphrases the **bolded** sentence in the passage?

- A. Low-risk genes have now been proven to be related to cancer.
- B. Multiple mutations in lower-risk genes can eventually be more dangerous than high-risk mutations.
- C. Genes that are only weakly linked to cancer may together increase its likelihood.

D. Cancer risk is only significant when high-risk genes like BRCA1 or BRCA2 are mutated.

28. According to paragraph 2, which factor may increase sarcoma risk?

- A. BRCA1 and BRCA2 mutations
- B. Healthy individuals with strong immune systems
- C. Mutations in multiple genes weakly associated with sarcoma
- D. Young age at diagnosis

29. What is the word “accumulate” in paragraph 3 closest in meaning to?

- A. appear suddenly
- B. build up gradually
- C. fall apart
- D. carry naturally

30. Why does the author mention people who had two or three mutations in weakly linked genes in paragraph 2?

- A. To demonstrate that multiple low-risk mutations can lead to earlier cancer development
- B. To show that low-risk mutations are harmless on their own
- C. To suggest that sarcoma is only dangerous when caused by many mutations
- D. To explain how common these mutations are in healthy people

31. What is the main idea of paragraph 4?

- A. Methods to cure cancer completely
- B. Benefits of early diagnosis and screening for people with certain mutations
- C. Relationship between MRI scans and general health
- D. Genetic mutations are always asymptomatic

32. In which space (marked A, B, C and D) will the following sentence fit in?

“This indicates that having more mutations, even in low-risk genes, can significantly raise one’s vulnerability to sarcoma.”

- A. [A]
- B. [B]
- C. [C]
- D. [D]

33. What is the best title for the passage?

- A. Sarcoma: The Youthful Cancer
- B. Hidden Genetic Risks in Cancer Development
- C. The Role of TP53 in Cancer Progression
- D. Using MRI to Treat Cancer

34. What best describes the tone of this passage?

- A. Alarmist

- B. Informative
- C. Dismissive
- D. Concerning

6. HOÀN THÀNH HỘI THOẠI

Chọn phương án đúng nhất để hoàn thành chỗ trống trong hội thoại.

35. Anna: I'm hosting a board game night this Friday. Would love for you to join!

Leo: I might be out of town visiting my cousins. _____

- A. Should I let you know if my trip gets canceled?
- B. I'll text you if my plans change.
- C. Board games aren't really my thing, honestly.
- D. Would you like to visit them instead?

36. Clara: _____

Nam: That depends. What's the occasion?

- A. I'm really tired from work today.
- B. I was thinking we could grab dinner tomorrow night.
- C. I got a new phone number.
- D. You haven't returned my book yet.

37. Lan: Can you help me look over this grant application before lunch?

Professor: Sorry, _____. Can we do it after 2?

- A. I'm in the middle of something right now.
- B. I'm afraid that's not appropriate.
- C. Let me know if that's a problem.
- D. Let's go over it tomorrow.

38. Lam: _____

Ben: Appreciate it, but I'm heading out early today.

- A. There's free pizza in the common room.
- B. I just saw the principal walk in.
- C. We're having a small farewell for Ms. Kim—come by!
- D. The last exam was super hard.

39. Tam: _____

Jade: Everyone makes mistakes—don't worry about it.

- A. I didn't finish the assignment last night.

- B. I accidentally deleted our group's entire slideshow.
 C. I'm not confident in my presentation skills.
 D. I didn't sleep well last night.
40. Alex: You promised to book the venue!
 My: _____, I only agreed to look into the options.
- A. Hold on
 B. Never
 C. Come on
 D. That's not

7. TÌM ĐIỂN ĐẠT PHÙ HỢP VỚI NGỮ CẢNH

Chọn phương án đúng nhất để miêu tả ngữ cảnh đã cho.

41. After months of negotiations, both companies agreed to a compromise that wasn't ideal for either, but prevented a costly legal battle. Which expression best fits this outcome?
- A. A necessary evil
 B. Between a rock and a hard place
 C. A win-win situation
 D. Water under the bridge
42. Leo was enthusiastic about launching his startup, but he underestimated the competition and ignored advice from mentors. Now his business is struggling. Which idiom best describes Leo's mistake?
- A. Counting his chickens before they hatch
 B. Flying too close to the sun
 C. Putting the cart before the horse
 D. Barking up the wrong tree
43. During the debate, the candidate kept dodging direct questions and instead gave vague answers full of buzzwords. Which idiom best describes his communication style?
- A. Beating around the bush
 B. Pulling someone's leg
 C. Crying over spilled milk
 D. Taking something with a grain of salt
44. When investors saw the company's stocks plummeting, many quickly sold their shares out of fear, even though the drop was temporary. What expression best captures this behavior?

- A. Jumping on the bandwagon
- B. Losing their marbles
- C. Hitting the panic button
- D. Playing devil's advocate

8. VIẾT LẠI CÂU

Chọn câu đồng nghĩa hoặc cận nghĩa nhất với câu đã cho trong câu hỏi.

45. Though his voice trembled slightly, Mark maintained a calm demeanor throughout the speech.

- A. Mark's calm delivery was evident even though his voice showed signs of nervousness.
- B. Mark remained silent during the speech despite his voice trembling.
- C. Despite trembling with fear, Mark didn't speak a single word during the speech.
- D. Mark's speech was calm, and his voice didn't betray his emotions at any point.

46. Having worked tirelessly for weeks, she was disheartened to see her efforts go unrecognized.

- A. Her long weeks of work were acknowledged, but she felt it wasn't enough.
- B. She had worked hard for weeks, and was pleased when her efforts were finally noticed.
- C. She worked non-stop for weeks and was disappointed by the lack of appreciation.
- D. Despite not working much, she was surprised by the praise she received.

47. No sooner had the guests left than the power went out.

- A. The power outage occurred soon after the guests had departed.
- B. The guests were still there when the electricity went off.
- C. As soon as the electricity was restored, the guests decided to leave.
- D. The power failed shortly before the guests began to leave.

48. If Emily had taken the manager's advice, she might have avoided the costly mistake.

- A. Emily ignored the manager's advice, which resulted in her making an expensive mistake.
- B. The costly mistake was unavoidable, even if Emily had listened to her manager.
- C. Emily avoided the mistake thanks to the helpful advice she took.
- D. The manager warned Emily, but she had already made the costly mistake.

49. Contrary to expectations, the committee approved the proposal without major revisions.

- A. The committee's approval was unsurprising, given the quality of the proposal.
- B. Against what was expected, the proposal was passed almost unchanged.
- C. The proposal was expected to pass easily, but it was ultimately rejected.

D. Although expected to pass smoothly, the proposal underwent several changes.

9. KẾT HỢP CÂU

Chọn câu đồng nghĩa hoặc cận nghĩa nhất với cặp câu đã cho trong câu hỏi.

50. Not until she reread the email did Clara realize the deadline had been moved forward by a week.

- A. Clara realized the deadline had changed after reading the email twice.
- B. Only after rereading the email did Clara come to know the deadline had been brought earlier.
- C. It was when Clara reread the email that she learned the deadline had been postponed for a week.
- D. Clara had to reread the email because the deadline seemed unclear at first.

51. Despite their economic hardship, the villagers contributed generously to the disaster relief fund.

- A. The villagers' economic hardship made it difficult for them to contribute much to the disaster relief fund.
- B. Though not economically stable, the villagers still made generous donations to the disaster fund.
- C. Even with limited means, the villagers withheld nothing from the relief fund.
- D. While suffering from financial strain, the villagers' contributions to the relief fund were minimal.

52. Peter's arrogance, rather than his lack of ability, cost him the job interview.

- A. Peter failed the interview due to his inability, not his attitude.
- B. What prevented Peter from getting the job was not his skills but his overconfidence.
- C. Peter would have passed the interview if he had shown more ability.
- D. His arrogance masked his real abilities, which helped him lose the job.

53. Had Mia taken the earlier train, she would not have been caught in the storm.

- A. Mia missed the earlier train, and as a result, she was caught in the storm.
- B. Because she took the earlier train, Mia narrowly avoided the storm.
- C. Mia was fortunate to escape the storm thanks to taking an earlier train.
- D. The storm delayed the train Mia had taken earlier that day.

54. Without proper citation, your paper may be considered plagiarized even if you didn't intend it.

- A. Unless you cite your sources correctly, your paper could be judged as plagiarized despite your intentions.
- B. If you intend to plagiarize, not citing sources will certainly expose your dishonesty.

- C. Even with correct citations, your paper might be marked as plagiarized if it appears unoriginal.
D. Plagiarism is always intentional, but proper citation can sometimes reduce its seriousness.

10. HOÀN THÀNH VĂN BẢN

A new blood test that picks up melanoma in its early stages could help to catch the skin cancer before it turns deadly. **(55)** _____, melanoma is normally detected by visually scanning the skin. Suspicious-looking moles are cut out and sent for lab testing, but only 30 per cent turn out to be cancerous, **(56)** _____. Now, Mel Ziman at Edith Cowan University in Australia and her colleagues have developed a blood test that they hope will allow more accurate detection of melanoma.

The test works by detecting antibodies that the immune system produces soon after melanoma starts to grow. In a study of 105 patients with early-stage melanoma and 104 healthy people, the test accurately identified the cancer in 82 per cent of cases. Picking up melanoma at this early stage is important **(57)** _____ patients can get treated before it spreads, says Ziman. The cure rate is up to 99 per cent when it's detected early, compared to 15 to 20 per cent when it has spread, she says. **(58)** _____, it currently kills more than 1700 people per year in Australia and New Zealand, which have the highest rates due to high levels of sun exposure.

Ziman's team is now planning a three-year clinical trial to compare the accuracy of the blood test with that of the usual visual examination method. **(59)** _____, it could be used as a routine screening tool for people at risk of melanoma, including those with fair skin or a family history of the disease, says Ziman. **(60)** _____, it could also be used to decide whether a suspicious-looking mole should be cut out and tested, she says.

55. A. Despite the fact B. Gradually C. Later on D. At the moment
56. A. while many true cancers are missed B. although many are removed unnecessarily
C. unless more are tested later D. so many remain undiagnosed
57. A. so that B. unless C. even if D. provided that
58. A. Because melanoma is often detected late B. Even though melanoma is usually caught in time
C. Unless melanoma is treated with urgency D. While melanoma is frequently diagnosed by visual scanning
59. A. Unless the blood test is validated B. If the blood test is validated

C. Provided that the trial is inconclusive

D. Even though the test has been validated

60. A. Furthermore

B. Meanwhile

C. Nevertheless

D. In contrast

PHẦN TỰ LUẬN (1 câu)

Viết một văn bản khoảng 250 từ về chủ đề sau:

Some companies sponsor sports as a way to advertise themselves. Some people think this is good, while others raise objections to this. Discuss both sides and give your own opinion.

Springboard
English

(You may write overleaf if you need more space.)

- GOOD LUCK, AND DO NOT CRY -

Springboard
English